



# STEVENSON

**January 6, 2022**

## **Updated Guidance from the California Department of Public Health**

Dear Stevenson Community:

As we await the results of Tuesday's community-wide testing, we write to update you on our health and safety measures following the issuance of new [guidance](#) from the California Department of Public Health ([CDPH](#)) on December 30.

The state's requirements for isolation and quarantine have been updated.

- You **isolate** when you have been tested positive for the virus, even if you don't have symptoms.
- You **quarantine** when you have been exposed to the virus and you may or may not be infected.

### *Isolation for people who test positive for COVID-19*

This guidance pertains to everyone, regardless of vaccination status, previous illness, or lack of symptoms:

- Stay home for at least 5 days
- Isolation can end after day 5 if there are no symptoms present or they are resolving AND a rapid antigen test collected on day 5 or later tests negative
- If unable to test or choosing not to test, and symptoms are not present or resolving, isolation can end after day 10.
- If fever is present, isolation should continue until fever resolves.
- If symptoms (other than fever) are not resolving, continue to isolate until symptoms are resolving or until day 10.
- Wear a well-fitting mask around others for a total of 10 days, especially in indoor settings.
- If your child is able to return to school after day 5 of isolation, they will be required to eat alone outside - residents can eat in their dorm rooms if alone

### *Quarantine for people who are exposed to someone with COVID-19*

This guidance pertains to those who are unvaccinated (including unvaccinated people who have been previously infected with SARS-CoV-2) and to **any fully vaccinated people who were fully vaccinated more than 6 months ago but have not received a booster vaccine:**

- **Stay home** for at least 5 days, after your last contact with a person who has COVID-19
- Test on day 5
- Quarantine can end after day 5 if symptoms are not present AND a rapid antigen test collected on day 5 or later tests negative
- If unable to test or choosing not to test, and symptoms are not present, quarantine can end after day 10
- Wear a well-fitted mask around others for a total of 10 days, especially in indoor settings
- If testing positive, follow isolation requirements above
- If symptoms develop, test and stay home

*No quarantine for vaccinated people who are exposed to someone with COVID-19*

This guidance pertains to people who are **vaccinated and boosted** as well as people who are **vaccinated but not yet eligible for a booster, a category which includes all fully vaccinated 5-11 year olds:**

- Test on day 5
- Wear a well-fitted mask around others for 10 days, especially in indoor settings
- If testing positive, follow isolation requirements above
- If symptoms develop, test and stay home

Keep in mind, students and employees who are symptomatic and awaiting the results of a COVID-19 test may not come to campus.

Please let us know if you have any questions.

Sincerely,

School Nurses